

#### PHP MISSION STATEMENT

The mission of Parents Helping Parents of San Luis Obispo County is to empower children with special needs to reach their fullest potential. This is realized by strengthening families through parent and professional education, mutual support, referral networks and greater community awareness.

#### PHP FAMILY RESOURCE CENTERS

#### 1146 Farmhouse Lane San Luis Obispo, CA 93401

Phone: (805) 543-3277 FAX: (805) 543-3217 Call for office hours

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## 7305 Morro Road •104A Atascadero, CA 93422

Phone: (805) 461-7415 FAX: (805) 461-7413 Call for office hours

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#### 940 Ramona Ave• Suite M Grover Beach, CA 93433

Phone: (805) 543-3277 Call for office hours

PHP of SLO is part of UCP/SLO, a non profit, tax exempt 501(c)(3)organization





# To receive our calendar of local events or the PHP newsletter email us at:

php@ucp-slo.org

Visit our website: www.phpslo.org



Like ParentsHelpingParentsSLO

#### To make a donation to:

#### **Parents Helping Parents**

Visit our website www. phpslo.org

- Select "Donate Now"
- Designate donation funds to Parents Helping Parents in the Program drop down menu.

Please contact us regarding information about Planned Giving. Thank you for taking the time to explore the benefits of gift planning.

Funding provided in part by:





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# PARENTS HELPING PARENTS

OF SAN LUIS OBISPO COUNTY



SERVING FAMILIES OF CHILDREN WITH SPECIAL NEEDS



A FAMILY RESOURCE CENTER

Revised 3/2020

#### WHAT IS PHP?

Parents Helping Parents (PHP) of San Luis Obispo County is organized by parents of children with special needs.

We focus on families of children from birth to adulthood who may have developmental or learning-related issues.

If your child has a disability or a delay, you may feel anxious and lonely. Family, friends and professionals offer help and support, but our parents can honestly say,

#### "WE'VE BEEN THERE!"

Through our Parent-to-Parent Network we can introduce you to other parents who share similar interests and experiences.

Our services and support programs are FREE for all families seeking information and support.

As parents of special needs children, we can also help you work with agencies, professionals and schools.

The result? Effective sharing of important information that can benefit vour entire family.



# SUPPORT SERVICES FOR FAMILIES AND PROFESSIONALS

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- ♥ Parent-to-Parent matches (by phone or in person)
- Two lending libraries for parents & professionals with books, reference materials, tapes, & DVD's on parenting and special needs
- ♥ Newsletter and local events calendar
- Trainings & workshops by knowledgeable professionals regarding topics about children with special needs
- ▼ Information on Special Education
- ♥ Agency referrals
- Networking events
- ♥ Bilingual services available

### WELCOME TO OUR SERVICES

serves families of PHP children with special needs learning and delavs throughout San Luis Obispo County. We have two lending libraries with books that cover a wide variety of special needs topics. Our libraries are also equipped with: toys, games, and a place for children to play while their parents browse. In addition. PHP has a network of experienced staff and parents available for mentoring and support. We are also a reliable source of current information, referrals, and training.

PHP regularly e-mails a Calendar of Upcoming Events to interested families.



We look forward to meeting you!