

# GROWING YOUR CAPACITY

*This summer, deepen your understanding and strengthen your skills for navigating conflict. Explore these resources to build your confidence when challenges arise.*



## VIDEO

[Click to Explore](#)

Explore four videos to grow your skills in conflict engagement.



## WEBSITES

[Click to Explore](#)

Explore four websites that can connect you to resources and professional development.



## ARTICLES

[Click to Explore](#)

Explore four articles to deepen your understanding of how to be when conflict arises.



## Books

[Click to Explore](#)

Explore four books that will take you deeper into growing your capacity to manage conflict.



SAN LUIS OBISPO COUNTY

**SELPA**